

SAN DIEGO UNIFIED SCHOOL DISTRICT
Nursing & Wellness Program

**PARENT NOTIFICATION
EDUCATION AND RELATED ACTIVITIES**

Dear Parent or Guardian:

Our comprehensive health program is designed to promote wellness and to support the educational mission of our school district. Our staff is interested in the student's full development to the maximum of his or her potential. For this reason your son/daughter will participate in a number of health activities and planned instructional programs.

The information listed below is intended to inform you of California State laws as they relate to these activities. If you wish further explanation, please contact your son's/daughter's school. Thank you for your cooperation.

ADMINISTRATION OF PRESCRIBED MEDICATION FOR PUPIL AT SCHOOL. Any student who must take prescribed medication during the school day may be assisted by a school nurse or other designated person if the school receives written instructions from the physician AND a signed parental consent for assistance in carrying out the physician's instructions. These forms are available from the school.

CONTROL OF COMMUNICABLE DISEASE AND IMMUNIZATION OF PUPILS. We are required to cooperate with the San Diego Department of Public Health to prevent and control communicable diseases in school-age children. Whenever there is good reason to believe the student has a contagious or infectious disease, the parent will be contacted and the student sent home. The student may return to school when well and/or released by a physician. State law requires the school to have proof that the child has had all of the following immunizations: polio, 3 or 4 doses; diphtheria, tetanus, pertussis, 4 doses, age 6 years and under; diphtheria, tetanus, 3 doses, over age 6 years; measles, mumps, rubella (MMR), 1 dose (or physician statement of disease), grades 1-12; MMR, 2 doses, kindergarten entry; second dose of MMR recommended for all students. Kindergarten and 7th grade students are now required to have hepatitis B series, 3 doses. Your child can be excluded from school if these requirements are not met. Please contact the school nurse regarding exemptions and/or need for immunization.

CHILD HEALTH AND DISABILITY PREVENTION PROGRAM. Each year all pupils entering first grade are required to have a physical examination. Parents are required to present a certification of examination or a waiver statement to the school. The school nurse will assist parents in making plans to meet this requirement. Your child can be excluded from school if this requirement is not met.

PEDICULOSIS SCREENING. When a student is identified as having head lice and/or nits, the student will be excluded immediately. The students must be treated with a pediculicide (lice shampoo) and all nits removed from the hair for readmission to school.

DENTAL DISEASE PREVENTION. Over 45 district schools are involved in a state funded Dental Disease Prevention Program. The DDPP includes dental health education lessons and may include dental screenings by voluntary dentists from the San Diego Dental Society, dental hygienists, and school nurses. Topical fluoride is provided to students in project schools with parent consent.

HEALTH INSTRUCTION. Health instruction dealing with such areas as nutrition, dental health, disease process, safe living, vision and hearing, drugs, alcohol, tobacco, community health, physical fitness, mental-emotional health, human reproduction, and sexually transmitted diseases including HIV/AIDS is part of the school curriculum. Prior to instruction, parents are offered opportunities to preview instructional and audio-visual materials dealing with human reproduction and sex education. A student may be excused from health instruction related to human reproduction and sexually transmitted diseases on written request from parent.

HEARING AND VISION SCREENING. Vision screening will be provided for all students in kindergarten, 3rd, and 6th grades. Hearing screening will be provided for all students in kindergarten, 2nd, and 5th grades. New students and students referred by parents or school personnel will also receive vision and hearing screening. A student will be excused from vision and/or hearing screening upon parent's written request.



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State Law also requires that the parent/guardian of each pupil sign and return this portion of the form to acknowledge that you have been informed of your rights as explained above.

Student's Name
(PRINT): _____
LAST FIRST MIDDLE

Signature of Parent/Guardian: _____ Date: _____